

Premium Ashwagandha Root & Leaf Extract

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About Sensoril®

Sensoril is the safe and effective ashwagandha choice for **cognitive health products that support stress and sleep management**. As a **stable and true aqueous extract**, Sensoril displays **high solubility**, with almost no root fibers present.

Easy to formulate, this branded ashwagandha ingredient can help create the supplements, functional food and beverages, and pet products that consumers seek.

By harnessing the power of a **unique combination of both leaf and root of the plant**, Sensoril delivers a broader spectrum of bioactives for an optimal efficacy at a low dosage.

Sensoril is a well-researched **root and leaf ashwagandha extract** that has been studied in **over 12 published research papers, including clinical, preclinical, and biomarker trials**. These encompass a wide range of participants demonstrating Sensoril's efficacy and safety for **stress, sleep, energy, and everyday cognitive health benefits**.



Sensoril Certifications

- Self-affirmed GRAS
- Vegetarian
- Allergen-free
- Non-GMO Project Verified
- Organic version available
- Kosher
- Halal

Key Attributes

Lowest cost in use at 125mg dosage rate.

Versatility – suitable for many applications.

Clinically documented – backed by more than 12 research papers.

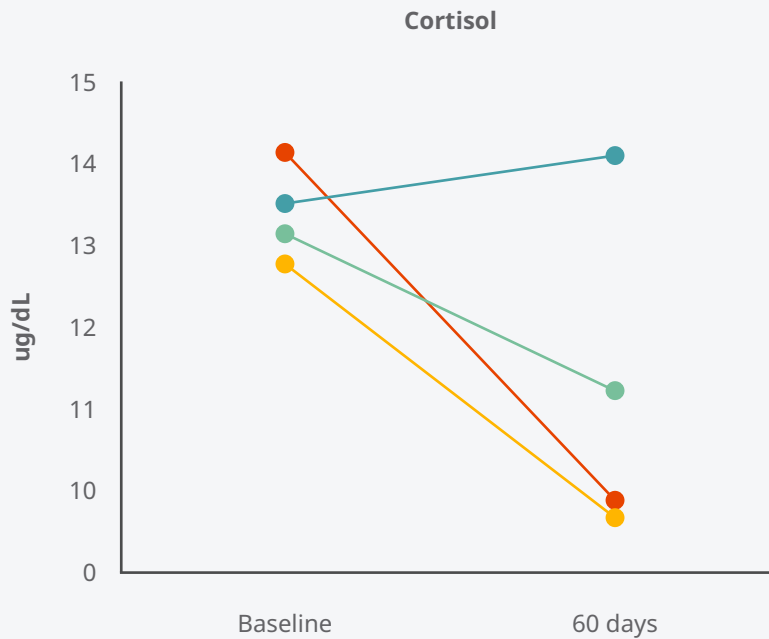


Benefits for Stress

Sensoril helps reduce experiential and biochemical indicators of stress, with no adverse effects.¹

Study protocol

Study site	India	Key results <ul style="list-style-type: none">✓ After 60 days, participants consuming 125mg of Sensoril per day experienced a significant 62% reduction in overall everyday stress (using the validated modified Hamilton Anxiety Rating Scale, mHAM-A) compared to placebo ($p < 0.001$).✓ Additionally, at the end of the intervention, these participants also experienced significantly decreased levels of stress biomarkers, including serum cortisol and C-reactive protein (CRP) compared to placebo ($p < 0.05$ and $p < 0.001$ respectively).
Population	98 chronically stressed adults with an mHAM-A score of 24 to 42	
Age	18-60 years (average 40 years)	
Design	Prospective, double-blind, randomised, placebo-controlled study	
Duration	60 days	
Serving	125mg, 250mg or 500mg of Sensoril per day	



- Placebo (n=15)
- Sensoril® 125mg/day (n=19)
- Sensoril® 250mg/day (n=30)
- Sensoril® 500mg/day (n=34)



[Learn more about Sensoril®](#)

To further explore the science behind Sensoril, please consult Sensoril Research Summary on Kerry.com.

[About Kerry](#)

Sensoril® is an ingredient in Kerry's ProActive Health Portfolio.

Kerry is a world leader in taste and nutrition for the food, beverage, and pharmaceutical markets. We innovate with our customers to create great-tasting products with improved nutrition and functionality, while ensuring a better impact for the planet.

Our ProActive Health Portfolio is an industry-leading range of branded ingredients that offer clinically validated benefits, inspiring lasting health to make a lasting difference.

With a global RD&A team of 1,100+ scientists, leading consumer insights, and an extensive global footprint, we solve our customers' complex challenges with differentiated solutions.

We are driven by an ambition to be our customers' most valued partner, creating a world of sustainable nutrition. Our goal is to reach over two billion consumers with sustainable nutrition solutions by 2030.

References

1. Auddy B, Hazra J, Mitra A, Abedon B, Ghosal S. (2008) A standardized *Withania somnifera* extract significantly reduces stress-related parameters in chronically stressed humans: a double-blind, randomized, placebo-controlled study. *Journal of American Nutraceutical Association*, 11:50-56.



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